

Staff Prayer

Life at Ardingly is often very busy. We find ourselves rushing from one thing to the next without a moment to take a breath. Our attention can get stuck going over what has happened and worrying about what has to be done next. Often we can be guilty of missing out on what is happening in the 'here-and-now' in our own lives and those around us. A group of staff at Ardingly meet weekly each Wednesday morning to take time to think, reflect, give thanks and bring petitions before God in prayer. Prayer is one of the most important elements of being a Christian. Time and again God's word tells us that prayer is an incredibly powerful tool.